

Guidelines for the Beginners' Class

These **formations** and **steps** are **the criteria** for people who have never danced SCD before.

They are meant to be intuitive movements.

Beginners

Skipping

Skip Change of Step

Chase

Wheels

Lead Through and Cast Away

Turn Partner RH and then LH

Dance Round Partner R sh. then L sh.

Promenade

Cross Over and Chase

Down the Middle and Back

Cast Off for 4 ...

Step Up or Down on the Sideline

Skip Change Backwards

Advance and Retire

Figures of Eight

Grand Chain

Arches

Slip Step

Circles

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5th October 2007